

Jets HPC - April 2009 Holiday Training Schedule

Draft #1

Week 1 - April 6th - 12th							
	Mon 6th	Tues 7th	Weds 8th	Thurs 9th	Fri 10th	Sat 11th	Sun 12th
	12-3pm Aeobics			ELC 10-12	Good Friday	Easter Saturday	Easter Monday
Accelerated Sqd	8-12pm 4-6.30pm	2-6pm	8-12pm 4-6.30pm	2-6pm			
National Sqd	8-12pm	2-6pm	2-6pm	2-6pm			
Senior Satellites							
Junior Satellites							
Mini Satellites							

Week 2 - April 13th - 19th

	Mon 13th	Tues 14th	Weds 15th	Thurs 16th	Fri 17th	Sat 18th	Sun 19th
	Easter Monday						
Accelerated Sqd		8-12pm 4-6.30pm	8-1pm	2-6pm	8-12pm 4-6.30pm	8-1pm	
National Sqd		8-12pm	2-6pm		8-12pm	8-1pm	
Senior Satellites		2-5pm		2-5pm		10-1pm	
Junior Satellites			3-5.30pm		3-5.30pm		
Mini Satellites		2-5pm		2-5pm		8-10am	

Jets HPC - July 2009 Holiday Training Schedule

Draft #1

Week 1 - June 29th - July 5th							
	Mon 29th	Tues 30th	Weds 1st	Thurs 2nd	Fri 3rd	Sat 4th	Sun 5th
	9-11am Aerobics	ELC 10-12		9-11am Aerobics			
Accelerated Sqd	8-12pm 4-6.30pm	2-6pm	8-12pm 4-6.30pm	2-6pm	8-12pm 4-6.30pm	8-1pm	
National Sqd							
Senior Satellites							
Junior Satellites							
Mini Satellites							

Week 2 - July 6th - 12th

	Mon 6th	Tues 7th	Weds 8th	Thurs 9th	Fri 10th	Sat 17th	Sun 18th
	National Championships - Perth						
	9-11am Aerobics			9-11am Aerobics			
Accelerated Sqd							
National Sqd	8-12pm	8-12pm	2-6pm		8-12pm	8-1pm	
Senior Satellites	8-11am	2-5pm		2-5pm		10-1pm	
Junior Satellites			3-5.30pm		3-5.30pm		
Mini Satellites		2-5pm		2-5pm		8-10am	

Jets HPC - September 2009 Holiday Training Schedule

Draft #1

Week 1 - September 21st - 27th							
	Mon 21st	Tues 22nd	Weds 23rd	Thurs 24th	Fri 25th	Sat 26th	Sun 27th
			ELC 1.45-3.45pm				
Accelerated Sqd							
National Sqd	8-12pm	8-12pm	8-12pm	8-12pm	leave for Qld		
Senior Satellites							
Junior Satellites							
Mini Satellites							

Week 2 - September 28th - October 4th

	Mon 28th	Tues 29th	Weds 30th	Thurs 1st	Fri 2nd	Sat 3rd	Sun 4th
	ELC 1.45-3.45pm						
Accelerated Sqd	8-12pm 4-6.30pm	2-6pm	8-12pm 4-6.30pm	2-6pm	8-12pm 4-6.30pm	8-1pm	
National Sqd				8-12pm	8-12pm	8-1pm	
State Squad		5-8pm Brisbane St		5-8pm Brisbane St		1-4pm Peel St	
Senior Satellites	8-11am	2-5pm		2-5pm		10-1pm	
Junior Satellites			3-5.30pm		3-5.30pm		
Mini Satellites		2-5pm		2-5pm		10-1pm	